



ABRIGO
DA MONTANHA

We honor the tradition that surrounds us.



MENU

We honor the tradition that surrounds us.
Our menu features the classic delicacies of the Serra da Estrela. From the traditional goat chanfana to carqueja rice, the soul of these recipes is infused with invention and our own unique style.

Taste the fruits of the mountain and verify the most enduring legacy it has produced.

Our restaurant challenges you, but it began as a challenge to ourselves. We remain faithful to the excellent local gastronomy, yet we sought to bring it into the present day.

To the delicacies that emerge around the Serra da Estrela, we have written a tender letter of homage, penned with a bold and experimental style.

The envelope, in the form of our Restaurant, seeks to offer you every comfort while you savor our flavors. Visit us, and read the finest work we have been writing about the gastronomy of the Serra da Estrela.

COUVERT

Bread

€1.10

Olive Oil and Olives from Casa Passarella, Maitrê D'hotel, Pâté

€4.95

AMUSE BOUCHE

A small delight for the palate

Salmon 🌾🐟🐟🐟🐟🐟🐟

Spring Roll

€5.80

Alheira (Traditional Portuguese Sausage) 🍷🍷

Mustard and Honey

€5.05

Blood Sausage 🌾🍷

Apple and Arugula

€5.30



ABRIGO
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STARTER

the true beginning

Tasting Platter 🍷

Sheep Cheese, Goat Cheese, Ham, Cured Meats and Compote

€19.35

Wild Mushroom 🍄🍄

With Eggs

€8.55

Ham 🍷📦

Arugula, Caper, Olive and Goat Cheese

€7.90

Serra da Estrela DOP Cheese 🍷🍄📦

Puff Pastry, Arugula, Honey and Walnut

€9.05



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PEIXE

sea vs mountain

Octopus 🐙🐟🍷🍷🍷

Risotto and Caviar

€24.35

Codfish 🐟🐟🍷🍷

Aligot, Asparagus and Peppers

€21.80

Salmon 🐟🐟🍷

Orange and Green

€20.35

MEAT

from hills and valleys

Chicken 🍷🍷

Herb Crust and Mushrooms

€17.50

Secretos (Pork Cut) 🍷

Rustic Potato and Mixed Vegetables

€19.95

Pork Loin 🍷

Rustic Potato and Mixed Vegetables

€18.95



**ABRIGO
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SERRA DA ESTRELA SELECTION

endogenous products

Chanfana (Goat Stew) 🐐

New Potato and Greens

€17.05

Carqueja (Broom Plant) 🌿🐐

Pork Ribs, Cured Meats and Mondego

€18.60

Goat 🐐

New Potato and Turnip Greens

€22.30

Serra da Estrela DOP Lamb 🐐

Mashed Roasted with Mushrooms and Red Onion, Vinegared Turnip Greens

€23.25

VEAL SELECTION

meat sourced from certified producers, from specific animals, allowing us to present unique quality with otherworldly flavor

Sirloin 🥩

Grilled, Rustic Potato and Mixed Vegetables

€24.95

Ribeye 🥩

Grilled, Rustic Potato and Mixed Vegetables

€68.35



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RISOTTO

Chef's special

Asparagus 🍷🍷

€17.50

Cured Meats 🍷🍷🍷

€17.85

Porcini Mushrooms 🍷🍷

€18.80

PASTA

Chef's special

Tagliatelle 🍷🍷

Cream and Bacon

€15.05

Linguini 🍷🍷

With Veal and Tomato

€16.45



**ABRIGO
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CHILDREN'S MENU

STARTER

Vegetable Cream Soup

MAIN COURSE

Chicken Breast with Linguini 🍴🍷

Bolognese 🍴

Burger with Ham and Cheese 🍴🍷

Fish Loin Nuggets 🍴🍷🐟🍴🍷

DESSERT

Chocolate Mousse 🍴🍷

Ice Cream Scoop 🍴🍴

€15.45



**ABRIGO
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VEGAN MENU

STARTER

Toasted Vegetable Cream Soup

€4.60

Salad with Tomato, Corn, Apple and Pesto 🌱

€6.95

MAIN COURSE

Curry and Pepper Risotto 🌱🌱

€16.25

Rice with Turnip Greens

€13.15

Beans with Kale and Mushrooms

€15.50

Linguini with Mixed Vegetables 🌱🌱

€11.60



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VEGETARIAN MENU

STARTER

Mixed Sautéed Vegetables in Sweet and Sour Sauce 🍷
€5.85

Roasted Pumpkin Cream Soup
€4.60

MAIN COURSE

Asparagus, Tomato and Mountain Herbs Risotto 🍷🍷
€17.50

Linguini with Mushrooms and Cream Sauce 🍷🍷
€11.60

Asparagus, Onion and Parsley Omelet 🍷
€10.10

Mixed Salad, Aged Serra da Estrela Cheese, Tomato and Oregano 🍷🍷
€9.60

Chickpea Stew with Mushrooms and Sun-Dried Tomato
€10.80

DESSERTS

with stories

Natur Chocolate 🍫🍳🍰

Egg, Butter and Sugar

€4.45

The Best in the World 🍰🍰

Cream Custard, Lemon and Cinnamon

€4.55

Crème Brûlée 🍫🍰🍰

Brûlée, Red Fruits and Vanilla

€4.95

Villa Oliveira 🍫🍰

In Ice Cream

€4.50

Sweet Pudding 🍫🍰🍰

Orange and Vanilla

€4.65

Serra da Estrela DOP Cheese 🍫🍰🍰

Pumpkin and Walnut

€9.90

3 Textures 🍫🍰🍰

Carrot, Cream and Chocolate

€4.75

Requeijão (Fresh Cheese) with Pumpkin Jam 🍫🍰🍰

€3.40

Chef's Dessert 🍫🍰🍰

€3.95



**ABRIGO
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ICE CREAM SCOOP

Chef's selection

Vanilla

Salted Caramel

Chocolate

Red Fruits

Mango

Passion Fruit

Mint

Strawberry

Cream

Walnut

Stracciatella

Tiramisu



€3.45



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Portion of Olives

€1.65

Butter 8g (2 unidades)

€1.10

Extra Portion

€3.90

Soup of the Day

€4.60

COUVERT LAW

Law No. 15/2018, of March 27

No dish, food product, or beverage, including the couvert, may be charged if not requested by the customer or if unused by them.

ALLERGIES

If you are allergic to any product, please inform our staff. Our food preparation environments are not entirely free of allergens, so there is a risk of cross-contamination.

VAT included at the legal rate.

ALERGÉNIOS • ALLERGY SYMBOLS • ALERGÈNES



Glúten • Gluten • Gluten



Crustáceos • Crustaceans • Crustacés



Ovos • Eggs • Œufs



Peixe • Fish • Poisson



Amendoins • Peanuts • Arachides



Soja • Soy • Soja



Leite • Milk • Lait



Frutos de casca rija • Tree nuts • Fruits à coque



Aipo • Celery • Céleri



Mostarda • Mustard • Moutarde



Sementes de sésamo • Sesame seeds • Graines de sésame



Sulfitos • Sulphites • Sulfites



Moluscos • Molluscs • Mollusques



Tremoços • Lupin • Lupin

ÁGUA . WATER . EAU

Água Purificada 0,70 cl . Natural Water . Eau Naturelle
€1.90

Água Serra da Estrela 1 litro . Serra da Estrela Water 1 liter
Eau Serra da Estrela 1 litre
€2.50

Água Serra da Estrela 0,5 l . Serra da Estrela Water 0,5 l
Eau Serra da Estrela 0,5 l
€1.75

Água das Pedras . Natural Sparkling Water . Eau Gazeuse
Naturelle
€1.70

Água Castelo . Natural Sparkling Water . Eau Gazeuse
Naturelle
€1.70

Água Frize Limão . Lemon Flavoured Sparkling Water
Eau Gazeuse Citron
€1.70

Água Tónica . Tonic water . Eau Tonique
€2.10

REFRIGERANTES . SOFT DRINKS . LES BOISSONS

Coca-Cola / Coca-Cola Zero

€2.10

Compal

Manga-Laranja e Pêssego

€2.10

Ice Tea

€2.10

Sumol

€2.10

Seven-Up

€2.10

Ginger-Ale

€2.10

Sumo de Laranja Natural . Natural Orange Juice . Jus
d'Orange

€4.50



ABRIGO
DA MONTANHA

CERVEJA . BEER . BIÈRES

Sagres 33 cl

€1.90

Super Bock 33 cl

€1.90

Cerveja sem Álcool . Alcohol-free Beer . Bière Sans Alcool

€2.10

Estrela Damm Inedit 75 cl

€12.50

Praxis Pilsener 33 cl

€3.50

Praxis Ambar 33 cl

€3.50

Praxis Stout 33 cl

€4.50

Praxis Pressão 20 cl

€2.00

VINHO A COPO . GLASS OF WINE. VERRE DE VIN

Casa da Passarella – Somontes

Tinto . Red . Rouge . Branco . White . Blanc 150 ml

€2.25

Casa da Passarella – A Descoberta

Tinto . Red . Rouge . Branco . White . Blanc 150 ml

€3.25

Casa da Passarella – Abanico

Tinto . Red . Rouge 150 ml

€4.25



**ABRIGO
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DÃO

CASA DA PASSARELLA

Villa Oliveira Rótulo Preto

Branco . White . Blanc

€70.95

Villa Oliveira

Tinto . Red . Rouge

€64.95

Villa Oliveira Encruzado

Branco . White . Blanc

€64.95

O Fugitivo

Tinto . Red . Rouge

€49.95

O Fugitivo em Curtimenta

Branco . White . Blanc

€49.95

O Enólogo Vinhas Velhas

Tinto . Red . Rouge

€39.95

O Enólogo Encruzado

Branco . White . Blanc

€39.95



**ABRIGO
DA MONTANHA**

DÃO

Enxertia

Tinto . Red . Rouge

€25.95

O Abanico Reserva

Tinto . Red . Rouge . Branco . White . Blanc

€20.95

A Descoberta

Tinto . Red . Rouge . Branco . White . Blanc

€14.95

Somontes Reserva

Tinto . Red . Rouge

€20.95

Somontes Colheita

Tinto . Red . Rouge . Branco . White . Blanc

€10.95



**ABRIGO
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DOURO

Pó de Poeira

Tinto . Red . Rouge

€27.95

Carm

Tinto . Red . Rouge

€22.95

Quinta Seara D'Ordens

Tinto . Red . Rouge . Branco . White . Blanc

€22.95

Vallado – DOC

Tinto . Red . Rouge

€22.95

Montes Ermos

Tinto . Red . Rouge

€14.95

Montes Ermos Reserva

Tinto . Red . Rouge . Branco . White . Blanc

€14.95



**ABRIGO
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ALENTEJO

Quinta do Carmo

Tinto . Red . Rouge

€29.95

Marquês de Borba 0,75 l

Tinto . Red . Rouge

€19.95

Marquês de Borba 0,375 l

Tinto . Red . Rouge

€13.95

Monte Velho 0,75 l

Tinto . Red . Rouge

€14.95

Monte Velho 0,375 l

Tinto . Red . Rouge

€7.95

VERDES

Muros Antigos – Alvarinho

€22.50

Muralhas

€14.95

Casal Garcia 0,75 l

€14.95

Casal Garcia 0,375 l

€7.95



**ABRIGO
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ROSÉS

Casa da Passarella – O Fugitivo

€49.95

Casa da Passarella – A Descoberta

€14.95

Mateus 0,75 l

€14.95

Mateus 0,375 l

€7.95

ESPANHA

Toro Prima

Tinto . Red . Rouge

€23.00

FRANÇA

Domaine Bonnard Sancerre

Tinto . Red . Rouge

€24.00

Cru Monplaisir

Tinto . Red . Rouge

€23.50



**ABRIGO
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ESPUMANTE. SPARKLING . MOUSSEUX

Casa da Passarella O Fugitivo Baga

€62.50

Murganheira

€25.00

Ribeiro Santo

€14.50

CHAMPAGNE

Moët & Chandon

€62.50



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DIGESTIVOS

AGUARDENTES . BRANDY

Adega Velha 5 cl

€10.00

Aliança Velha 5 cl

€5.50

CRF 5 cl

€6.00

Macieira 5 cl

€4.50

Brandy Croft

€3.90

Brandy 1920

€3.90

Zimbrow 5 cl

€3.90



**ABRIGO
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PORTO

Calém 30 Anos

€14.50

Calém 20 Anos

€10.00

Calém 10 Anos

€6.00

Vinho do Porto Branco/Tinto

€4.00

Moscatel de Setúbal

€3.00

Favaios

€3.00

Martini Rosso

€3.00



**ABRIGO
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WHISKY

Cardhú 12 Years 5 cl

€10.00

J&B 15 Years 5 cl

€5.90

Chivas 12 Years 5cl

€5.90

Logan 12 Years 5 cl

€5.90

Jameson 5 cl

€4.50

Famous Grouse 5 cl

€4.50

J&B 5 cl

€3.90

Cutty Sark 5 cl

€3.90



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CAFETARIA

Café . Espresso . Café
€1.20

Descafeinado . Decaffeinated Coffee . Décaféiné
€1.20

Carioca . Light Espresso . Café Léger
€1.20

Café Duplo . Double Espresso . Double Café
€2.40

Chá . Tea. Thé
€1.60

Meia de Leite . Coffee with Milk (served in a cup)
Tasse de Café au Lait
€2.50

Garoto . Espresso with Milk . Petit Café au Lait
€1.50



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Agradecemos a preferência.

