# ABRIGO DA MONTANHA

We honor the tradition that surrounds us.



#### **COUVERT**

Bread €1,00

Olive Oil and Olives Casa Passarella, Maitrê D'hotel, Pâté €4,50

#### **AMUSE BOUCHE**

a small delight for the mouth

#### Salmon

*Samosa* €5,30

# Alheira

(Traditional Smoked Sausage Made with Poultry, Bread, and Garlic)

Mustard and Honey

€4,55

# Black Pudding *Apple and Arugula*€4,90



#### **STARTERS**

the true beginning

# **Tasting Board**

Sheep, Goat, Cured Ham, Sausages, and Jam €17,60

# Sheep

Fresh Cheese, Herb Crèpe, and Red Fruits €8,50

# Wild Mushrooms

Scrambled with Eggs €8,05

# Serra da Estrela Cheese DOP Puff Pastry, Arugula, Honey, and Walnuts €8,20



#### **FISH**

from the sea vs. the mountain

# Yin and Yang Octopus

Parsnip and Spinach Purée €22,15

#### Codfish

Confit, White Garlic Aioli, and Vegetable Brás €19,80

# Salmon

*Crushed Potatoes, Spinach, and Sun-Dried Tomato* €18,50

#### **MEAT**

from hills and valleys

#### Chicken

*Herb Crust and Mushrooms* €16,95

#### Pork "Secretos"

Rustic Potatoes and Mixed Vegetables €17,95

# Pork Tenderloin

Rustic Potatoes and Mixed Vegetables €18,95



#### **RISOTTO**

from the Chef

Asparagus €15,90

Smoked Meats €16,25

Boletus Mushrooms €17,10

# **PASTA**

from the Chef

Tagliatelle
Cream and Bacon
€13,65

Linguine
With Veal and Tomato
€14,90



#### SERRA DA ESTRELA SELECTION

local mountain products

#### Chanfana

Goat Stew with New Potatoes and Greens €16,90

# Carqueja

*Pork Ribs, Smoked Meats, and Mondego Rice* €16,90

#### Goat

New Potatoes and Turnip Greens €20,25

#### Serra da Estrela Lamb DOP

Roasted Mash with Mushrooms and Red Onion, Pickled Turnip Greens €21,15

#### **VEAL SELECTION**

meat from certified producers, animals selected for exceptional quality and out-of-this-world flavor.

# Rump Steak

*Grilled with Rustic Potatoes and Mixed Vegetables* €23,10

#### Rib Steak

*Grilled with Rustic Potatoes and Mixed Vegetables* €65,05



#### **VEGETARIAN MENU**

STARTER
Stir-Fried Mixed Vegetables in Sweet and Sour Sauce
€5,30

Roasted Pumpkin Cream €4,25

MAIN COURSE Asparagus, Tomato, and Mountain Herb Risotto €14,90

Spaghetti with Mushrooms and Cream Sauce €10,55

Asparagus, Onion, and Parsley Omelette €9,15

Mixed Salad with Aged Serra da Estrela Cheese, Tomato, and Oregano €8,70

Chickpea Stew with Mushrooms and Sun-Dried Tomato €9,80



#### **VEGAN MENU**

STARTER Roasted Vegetable Cream €4,55

Tomato, Corn, Apple, and Pesto Salad €6,35

MAIN COURSE Curry and Pepper Risotto €14,75

Turnip Greens Rice €11,95

Beans with Cabbage and Mushrooms €14,10

Spaghetti with Lots of Vegetables €10,55



# **CHILDREN'S MENU**

STARTER Vegetable Cream

MAIN COURSE Chicken Breast with Linguine

Bolognese

Hamburger with Cheese and Ham

Fish Fillet Nuggets

DESSERT Chocolate Mousse Ice Cream Scoop

€14,05



#### **DESSERTS**

with stories

#### Chocolate Natur

*Egg, Butter, and Sugar* €4,35

# The Best in the World

Crème Brûlée with Juniper and Rosemary €4,55

# Vila Oliveira

*in Ice Cream* €4,50

# **Apple**

Caramelized Tart Tatin with Vanilla €4,65

# Must and Grape

*Crème Brûlée and Ice Cream* €4,95

#### Serra da Estrela Cheese DOP

*Pumpkin and Walnuts* €9,90

#### Three Textures

*Carrot, Cream, and Chocolate* €4,55



# **ICE CREAMS SCOOP**

made by the Chef

Vanilla
Passion Fruit
Salted Caramel
Mint
Tiramisu
Stracciatella
Strawberry
Red Fruits
Chocolate

€3,15



Extra Portion €3,55

Vegetable Soup of the Day €4,25

Butter 8 g (2 units) €1,00

Portion of Olives €1,50

#### LEI DO COUVERT

Lei n.º 15/2018, de 27/03

No dish, food product or beverage, including the couvert, may be charged if it has not been requested by the customer or if it has been left unused.

# **ALLERGIES**

If you are allergic to any product, please inform our staff.

Our food preparation areas are not completely free of allergens, so there is a risk of cross-contamination.

# ÁGUA. WATER. EAU

Água Purificada 0,70 cl . Natural Water . Eau Naturelle €1,90

Água Purificada Serra da Estrela . Serra da Estrela Water . Eau Serra da Estrela

€12,50

Água das Pedras . Natural Sparkling Water . Eau Gazeuse Naturelle

€1,70

Água Serra da Estrela 0,33 l €1,50

Água do Castelo . Natural Sparkling Water . Eau Gazeuse Naturelle €1,70

Água Frize Limão . Lemon Flavoured Sparkling Water Eau Gazeuse Citron €1,70

Água Tónica . Tonic water . Eau Tonique €2,10



# REFRIGERANTES. SOFT DRINKS. LES BOISSONS

Coca-Cola / Coca-Cola Zero €2,10

> Compal €2,10

Ice Tea €2,10

Sumol €2,10

Seven-Up €2,10

Ginger-Ale €2,10

Sumo de Laranja Natural . Natural Orange Juice . Jus d'Orange €4,50



# CERVEJA. BEER. BIÉRES

Sagres 33 cl €2,10

> Compal €2,10

Ice Tea €2,10

Sumol €2,10

Seven-Up €2,10

Ginger-Ale €2,10

Sumo de Laranja Natural . Natural Orange Juice . Jus d'Orange €4,50



#### VINHO A COPO . GLASS OF WINE. VERRE DE VIN

Casa da Passarella - Somontes Tinto . Red . Rouge . Branco . White . Blanc 150 ml €2,25

Casa da Passarella - A Descoberta Tinto . Red . Rouge . Branco . White . Blanc 150 ml €3,25

> Casa da Passarella - Abanico *Tinto . Red . Rouge 150 ml* €4,25



# DÃO

#### CASA DA PASSARELLA

# Villa Oliveira Ed. Comemorativa 125 Anos

*Tinto . Red . Rouge* €160,00

#### Villa Oliveira Rótulo Preto

*Branco . White . Blanc* €70,95

#### Villa Oliveira

*Tinto . Red . Rouge* €64,95

# Villa Oliveira Encruzado

*Branco . White . Blanc* €64,95

# O Fugitivo

*Tinto . Red . Rouge* €49,95

#### O Fugitivo Branco em Curtimenta

*Branco . White . Blanc* €49,95

# O Œnólogo Vinhas Velhas

*Tinto . Red . Rouge* €39,95

# O Œnólogo Encruzado

*Branco . White . Blanc* €39,95



# DÃO

# Enxertia

*Tinto . Red . Rouge* €25,95

#### O Abanico Reserva

*Tinto . Red . Rouge . Branco . White . Blanc* €20,95

# A Descoberta

*Tinto . Red . Rouge . Branco . White . Blanc* €14,95

# Somontes Reserva

*Tinto . Red . Rouge* €20,95

#### Somontes Encruzado

*Branco . White . Blanc* €20,95

# Somontes Colheita

Tinto . Red . Rouge . Branco . White . Blanc €10,95



# **ALENTEJO**

Marquês de Borba 0,75 l *Tinto . Red . Rouge* €19,95

Marquês de Borba 0,375 l *Tinto . Red . Rouge* €13,95

> Monte Velho 0,75 l *Tinto . Red . Rouge* €14,95

Monte Velho 0,375 l *Tinto . Red . Rouge* €7,95

Herdade das Servas - Colheita Selecionada *Tinto . Red . Rouge* €23,95

> Quinta do Carmo *Tinto . Red . Rouge* €29,95



#### **DOURO**

Carm
Tinto . Red . Rouge
€22,95

Montes Ermos *Tinto . Red . Rouge*€14,95

Quinta Seara D'Ordens - Reserva Tinto . Red . Rouge . Branco . White . Blanc €22,95

> Vallado - DOC Tinto . Red . Rouge €22,95

Pó de Poeira Tinto . Red . Rouge €27,95

Pó de Poeira Branco . White . Blanc €25,95

# TERRAS DA BEIRA

Cepa C'alua Reserva Branco . White . Blanc €21,00



#### **VERDES**

Casal Garcia 0,75 l €14,95

Casal Garcia 0,375 l €7,95

> Muralhas €14,95

Muros Antigos - Alvarinho €22,50

# **LISBOA**

Casa das Gaeiras - Vinhas Velhas Tinto . Red . Rouge . Branco . White . Blanc €19,50



# ROSÉS

Casa da Passarella - O Fugitivo €49,95

Casa da Passarella - A Descoberta €14,95

> Mateus 0,75 l €14,95

Mateus 0,375 l €7,95

#### **ESPANHA**

Toro Prima *Tinto . Red . Rouge*€23,00

Pétalos Tinto . Red . Rouge €24,50

# FRANÇA

Domaine Bonnard Sancerre

Tinto . Red . Rouge

€24,00

Cru Monplaisir *Tinto . Red . Rouge*€23,50



# **SPARKLING. MOUSSEUX**

O Fugitivo Baga €62,50

Murganheira €25,00

Mateus 0,75 l €14,50

# **CHAMPAGNE**

Moët & Chandon €62,50



# **AGUARDENTES. BRANDY**

Adega Velha 5 cl €10,00

Aliança Velha 5 cl €5,50

**CRF** *5* cl €6,00

Macieira 5 cl €4,50

Brandy Croft €3,90

**Brandy 1920** €3,90

**Zimbro** *5* **cl** €3,90



#### **PORTO**

Vinho do Porto Branco/Tinto €4,00

> Calém 10 Anos €6,00

> Calém 20 Anos €10,00

Calém 30 Anos €14,50

Calém 3 Velhotes Branco . White . Blanc €3,00

Favaios €3,00

Moscatel de Setúbal €3,00

Martini Bianco €3,00

Martini Rosso €3,00



#### **WHISKY**

J&B 15 Years 5 cl €5,90

Cardhú 12 Years 5 cl €10,00

Logan 12 Years 5 cl €5,90

Chivas 12 Years 5cl €5,90

**J&B** 5 cl €3,90

Cutty Sark 5 cl €3,90

Famous Grouse 5 cl €4,50

> Jameson 5 cl €4,50



#### **CAFETARIA**

Café . Expresso . Café €1,00

Descafeinado . Decaffeinated Coffee . Décaféiné €1,00

Café Duplo . Double Expresso . Double Café €2,00

Chá. Tea. Thé €1,60

Carioca . Light Expresso . Café Léger €0,80

Galão . Coffee with Milk (served in a glass) Verre de Café au Lait €2,00

Meia de Leite . Coffee with Milk (served in a cup) Tasse de Café au Lait €2,00

Garoto . Expresso with Milk . Petit Café au Lait €0,90





We thank you for your preference.

